



Tel: 479-839-COOK (2665)  
 Email: naturalstatecatering@hotmail.com  
 Website: www.naturalstatecatering.com

Natural State Catering  
 88 N Centennial Ave, Ste 1  
 West Fork, AR 72774



*Let us bring you good food!*

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Welcome to Natural State Catering, where fresh, delicious homemade meals meet great prices and dependability. Check us out and you will see the competitive prices are unsurpassed by the quality ingredients used and dishes served.

Special Request Items such as customized orders and special dietary needs will be happily accommodated. We provide a seasonal menu for each change of the season to better utilize the fresh produce available.

Natural State Catering uses biodegradable plates and box lunch containers along with

recyclable cups. Let us know if you will not need servingware and napkins in order to limit waste.

/ Our food is made fresh to order so we need advance notice. Please place orders by 3:00PM one business day before your event as a last minute order. Sooner is even better!

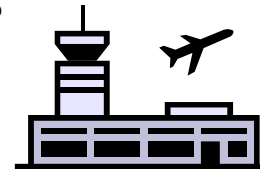
/ Vegetarian Options are available, and many items are made with organic & natural ingredients.

/ Orders may be placed via fax, phone, or e-mail.

/ Friendly, professional, prompt service is always delivered.

/ Ten person minimum per order.

/ First-time clients will need to complete a new client information form.



**Corporate Catering is available to save valuable time and money.**

(pp= per person)

## ENTREES

### GARDEN SPAGHETTI...

Seasonal veggies tossed with a light red sauce..... 4.95 PP

**CHICKEN CARBONARA**...bacon, artichoke, garlic, onion & light cream sauce with pasta..... 4.99 PP

**SMOKED SAUSAGE LASAGNA**...With zucchini, onion and fresh herbs.. 6.49 PP

**BROCCOLI RICE CASSEROLE**...Warm comforting and filling! ..... 4.99 PP

### FOUR CHEESE MACARONI...

Baked with parmesan, swiss, mozzarella and cheddar..... 3.99 PP

### SANTA MARIA STYLE TRI-TIP...

Grilled over wood fire with peppers & garlic..... 6.99 PP

### CHEESE TORTELLINI...

With basil leaves roasted red pepper & olive oil..... 4.99 PP

**PORK TENDERLOIN**...Stuffed with apples & gourmet cheeses..... 6.49 PP

**Holiday Turkeys roasted or smoked and Spiral Hams make it easy for you because they are ready to serve! Call for pricing.**

*Ask about our*

*delicious barbecue!!*

*Beef, Chicken, Pork & Fish*

## SIDES 1.25 PP

Garlic & Onion Green Beans      Baked Beans

Roasted Red Potatoes      House Rice Pilaf

Garlic Mashed Potatoes      Potato Salad

Cheesy Vegetables      Whipped Sweet Potatoes

Bacon Wrapped Jalapenos      Steamed Veggies

## SANDWICH TRAYS

~All sandwiches are available in a full pita, croissant or Po Boy for \$.75~

HAM... ..4.95PP  
whole grain bread, lettuce & tomato  
TURKEY... ..4.95PP  
whole grain bread, lettuce & tomato  
ORIGINAL CHICKEN SALAD... ..4.95PP  
homemade on whole grain bread, lettuce, tomato  
CHICKEN SALAD ON CRANBERRY BREAD 5.25PP  
ROAST BEEF WITH CHEDDAR... ..4.95PP  
VEGGIE WRAP... ..5.95PP  
lettuce, tomato, cucumber, avocado, sprouts,  
hummus & a hint of mustard  
CHICKEN CAESAR WRAP... ..5.95PP  
parmesan cheese, lettuce, caesar dressing, tomato

**Box Lunches: Make your lunch complete by adding chips & a cookie for \$1.75 more per person. Boxed individually - biodegradable containers - increments of 4 of the same sandwich please.**

## SALADS

GARDEN SALAD... ..2.00PP  
mixed greens, tomato, carrot, Italian or Ranch dressing.  
APPLE FETA SALAD... ..3.50PP  
Mixed greens, feta & balsamic vinaigrette  
ASIAN PEAR SALAD... ..3.50PP  
with tomato and vinaigrette dressing  
ORANGE GOAT with mandarin oranges, goat cheese & creamy apple dressing!... ..4.00PP  
GREEN TEA CHICKEN STRIP SALAD  
Green tea marinated chicken over romaine blend w/ tomato and almonds... ..4.00PP

## BREAKFAST

**WE DELIVER EARLY SO YOU DON'T HAVE TO WORRY!**

**BREAKFAST CASSEROLE**.....SERVES 10.....29.99EA

A quick and pleasing breakfast!

**BREAKFAST WRAP TRAY**...A platter of warm wraps with eggs, cheese & peppers or ham, cheese & egg

SMALL.....SERVES 10-12 35.99

MEDIUM.....SERVES 15-20 58.99

LARGE.....SERVES 25-30 87.99

**BISCUITS & GRAVY**...20 biscuits w/ gravy...29.95

**BUSY DAY TRAY**...an assortment of bagels, muffins, cinnamon rolls, served with jelly and cream cheese.....2.49PP

**LIGHT BREAKFAST**...an assortment of organic yogurt, all natural granola, seasonal fruit tray, juice & organic milk 4.89PP

**FRUIT CUPS**...made fresh with seasonal fruit, packed individually, makes a great addition to any breakfast selection! 1.99PP

**CARAMEL APPLE YOGURT PARFAITS**.....2.39EA

*~Don't forget to add your favorite beverage~*

## SEASONAL SOUPS

Soups sold in one quart containers = 3-4 servings

POTATO CHEESE SOUP **\$8**

GAME DAY CHILI **\$9**

VEGETABLE STEW **\$8**

LENTIL STEW **\$8**

## BEVERAGES

**FRESH BREWED ICED TEA**

**LEMONADE 6.99/GALLON**

**BOTTLED WATER 1.00EA**

**SOFT DRINK CANS .75EA**

**100% JUICE~ ORANGE, APPLE, CRANBERRY 1.25EA**

**COFFEE, ORGANIC OR DECAF, SERVES 10-12 9.99**

**W/ CREAMER, SUGAR, SUGAR SUB. & STIRRERS, CUPS**

**APPLE CIDER!!! HOT OR COLD ~ 6.99/GALLON**

## FRESH TRAYS

We use only premium meats and cheese on our trays

SMALL.....SERVES 10-12

MEDIUM.....SERVES 15-20

LARGE.....SERVES 25-30

### CHEESE AND CRACKER TRAY

SMALL 29.99 MEDIUM 44.99 LARGE 59.99

**GOURMET CHEESE AND CRACKER TRAY**...our pick of fresh parmesan, gouda, brie, bleu cheese, gruyere beautifully arranged and served with assorted crackers...SERVES 18-20...**92.99**

**MEAT & CHEESE TRAY**.... Served with asst. crackers and mini cocktail buns.....SMALL 39.99 MEDIUM 66.99 LARGE 107.99

**FRUIT TRAY WITH YOGURT DIP**....seasonal fresh fruit...  
.....SMALL 34.99 MEDIUM 49.99 LARGE 64.99

**VEGGIE TRAY WITH RANCH DIP**.....  
.....SMALL 24.99 MEDIUM 29.99 LARGE 39.99

**MEDITERRANEAN PLATTER**...homemade hummus, gourmet olives, pita chips, feta cheese, assorted crackers .....**5.99 PER PERSON**

## DESSERTS

**COOKIES .75 EA**

**BROWNIES 1.00 EA**

Zucchini Bread

Chocolate Pumpkin or Banana Bread

Homemade Cheesecakes

~ Cherry, Blueberry, Strawberry ~ 15.00 EA

CARROT CAKE

PUMPKIN CHOCOLATE CHEESECAKE

## SPECIAL EVENTS MENU

~ FULL LIST ONLINE ~

**MEATBALLS 25PC ~ 24.49**

**KABOBS-MEAT & VEGGIE 25PC ~ 54.99**

**FRUIT 25PC ~ 38.99**

**CHEESE & FRUIT 25PC ~ 48.99**

**STUFFED ROMA TOMATOES 25PC ~ 39.99**

**FRESH SPRING ROLLS W/ RANCH 25PC ~ 37.50,**

**W/SPICY PEANUT SAUCE ~ 47.50**

**SMOKED SALMON CUCUMBER ROLLS 20PC. ~ 19.99**

**PARTY PINWHEELS 18PC ~ 28.99**

**PRIME RIB W/ ROSEMARY AU JUS ~ \*MARKET PRICE\***

**CHOCOLATE COVERED FRUIT ~**

**STRAWBERRIES, BANANAS, PINEAPPLE 10PC ~ 5.99**

*Have a craving for something else?  
Ask for a special request item!*

*Do you need other services for your special event?*

*If you need it, we will arrange it.*

Disposable chafing trays available: \$5 per station.  
Prices subject to Delivery/Service Charge & Sales Tax.  
Subject to change without notice.